January 2024





\* HAPPY BIRTHDAY

Jim Bellissimo Jerrie Boksich Rebecca Burns MaryJane Decker Doug Gilbertson Judith Harrell Duane Hartman Carol Helimovich Kathleen Hughes Jim Jacobson Sue Janik Rick Kinonen Gene Lamb Barbara Lindh Lois Linn Christy Lukes Anita Malone Cody Morton Bill Mulcahy Leora Muraoka Lela Newey Hannie Noyles Kris Nygren Jean Pinski Martina Register Charlie Rogers Leslie Rousselet Rock Svennungsen

## \*2024: New Chapters, New Gatherings!



TOGETHER, ...we did a lot this year! There is so much to be grateful for as we turn the page to a new chapter in 2024. Christmas gifts were given to our Meals-On Wheels recipients by 4-H "Dandy Dudes and Dolls," Republic Services, Wild Wanderer, Marilyn Neumann, and the Liljenquist family. The Center also made cards for veterans and people in the hospital. A warm and fuzzy feeling was felt by all as the year came to a heart-felt close. The new year looks bright as we look forward to seeing new and old faces here at the Whitefish Community Center while we continue to grow and improve our services, tailored to all of your needs. \*Happy New Year Everyone!

### Lunchtime Presentation - Western Pleasure Tours: 💥

\*Thursday, January 4, 11:15 am – 12:30 pm\* Are you ready for a new adventure? Tish Losure from Western Pleasure Tours will be telling us how we can do just that during a fun lunch presentation. There are tours to exotic places, national parks, and cities such as Portland, San Francisco and Vancouver BC. Choose your favorite destination and let Tish give you all of the details! If you plan to eat lunch with us, call the Center in advance for a reservation. Lunch cost is \$4 for senior and \$8 for non-seniors.

# <u>Lunchtime Presentation– Logan Health :</u>

\* Thursday, January 11, 11:15 am –12:30 pm\* Fall prevention on ice & in the home. Presented by Whitefish occupational therapists Terese Boeder & Carly Westensee. All attendees receive a pair of Impacto Ice Cleats! If you plan to eat lunch with us, call the Center in advance for a reservation. Lunch cost is \$4 for senior and \$8 for non-seniors.

## **New England Style Country Dance/Contra Dance:**



\* Friday, January 19th, 7:30 pm -Kick up your heels and come dance to live music. Everyone is welcome and no partner needed. No experience needed, each dance is taught. There will be music and instructions by the caller—Kathy Neff! Bring your dance moves for a night of fun! Entry fees or donation: \$10 for adults, \$5 for students. If you just want to watch and listen, you're welcome to as well. Questions? Call Jean (406) 890-9448

## Important Reminders and Updates: 🏻 🎉



- \* The Dec/Toenail Clinic is rescheduled for Monday, January 8 at 1:00 pm. It will resume back to the "usual" scheduled day on the 4th Monday starting in February.
- \* Spanish for Toddlers is taking a hiatus for the winter months and will resume in the spring.

#### Whitefish Winter Carnival:



\* The 2024 Winter Carnival is February 2 – 4 and the theme is "The Greatest Show." The Whitefish Community Center will be a part of the activities and keeping with our long-standing tradition of representing the senior population at the festivities we will soon be announcing the Center's king and queen for the LXV Winter Carnival. Their coronation will take place at the Center by the Winter Carnival Royal Court.
Buttons can be purchased at Whitefish Community Center for \$5 cash.

Senior King and Queen will be in the parade. This is always a fun event, so stay tuned for further information.



**Activity Calendar January 2024** 

COMMUNITY CENTE

121 East 2nd Street
Whitefish, Montana 59937

Phone: 406-862-4923

Email: gather@whitefishcommunitycenter.org

Facebook: Whitefish Community Center www.WhitefishCommunityCenter.org

Open 9 am to 2 pm weekdays

Senior Fitness 10:00 am Whitefish Together 9:30 am Unch service 11:15 am Pinochle/Cribbage 12 pm  Toga 9:30 am Unch service 11:15 am Pinochle/Cribbage 12 pm  Tai Chi 10:00 am Unch service 11:15 am Pinochle/Cribbage 12 pm  Tai Chi 10:00 am Unch service 11:15 am Pinochle/Cribbage 12 pm  Tai Chi 10:00 am Unch service 11:15 am Pinochle/Cribbage 12 pm  Tai Chi 10:00 am Unch service 11:15 am Pinochle/Cribbage 12 pm  Tai Chi 10:00 am Unch service 11:15 am Pinochle/Cribbage 12 pm  Tai Chi 10:00 am Unch service 11:15 am Pinochle/Cribbage 12 pm  Tai Chi 10:00 am Unch service 11:15 am Pinochle/Cribbage 12 pm  Tai Chi 10:00 am Unch service 11:15 am Unch service 11	Monday	Tuesday	Wednesday	Thursday	Friday
Whitefish Together 9:30 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  Senior Fitness 10:00 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  Senior Fitness 10:00 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  Whitefish Together 9:30 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  To Nail Clinic 1:00 pm  To Nail Clinic 1:00 pm  Whitefish Together 9:30 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  Whitefish Together 9:30 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  Whitefish Together 9:30 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  Whitefish Together 9:30 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  Whitefish Together 9:30 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  Whitefish Together 9:30 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  Whitefish Together 9:30 am Lunch service 11:15 am Lunch se	1	2	3	4	5
Am Lunch service 11:15 am Pinochle/Cribbage 12 pm  Senior Fitness 10:00 am Whitefish Together 9:30 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  Too Nail Clinic 1:00 pm  Too Nail Clinic 1:15 pm  Lunch service 11:15 pm  Too Nail Clinic 1:00 pm  Too Nail Clinic 1:1:15 pm  Lunch service 11:15 pm  Lunch service 11:15 pm  Lunch service 11:15 pm  Too Nail Clinic 1:1:15 pm  Lunch service 11:15 pm  Lunch service 11:15 pm  Too Nail Clinic 1:00 pm  Too Nail Clinic 1:00 pm  To	CLOSED ?	Senior Fitness 10:00 am	Tai Chi 10:00 am	Senior Fitness 10:00 am	Lunch service 11:15 am
Unch service 11:15 am Pinochle/Cribbage 12 pm  10 Tai Chi 10:00 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  11 Senior Fitness 10:00 am Lunch service 11:15 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  12 Senior Fitness 10:00 am Lunch service 11:15 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  15 Senior Fitness 10:00 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  16 Senior Fitness 10:00 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  17 Tai Chi 10:00 am Lunch service 11:15 am Lunch service 11:15 am Lunch service 11:15 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  17 Tai Chi 10:00 am Lunch service 11:15 am Lunch service 11:15 am Lunch service 11:15 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  18 Senior Fitness 10:00 am Lunch service 11:15	HAPPY	_	Lunch service 11:15 am	tion w/Western Pleasure	
Pinochle/Cribbage 12 pm  Pinochle/Cribbage 12	NEW YEAR		Ladies Mahjong 11 am		
Senior Fitness 10:00 am Whitefish Together 9:30 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  Senior Fitness 10:00 am Unch service 11:15 am Lunch service 11:15 am Lunch service 11:15 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  Senior Fitness 10:00 am Lunch service 11:15 am Lunch servic	Happy New Year				
Whitefish Together 9:30 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  16	8	9	10	11	12
PishRoO 1:00 pm Proc Nail Clinic 1:10 pm Proc	Yoga 9:30 am	Senior Fitness 10:00 am	Tai Chi 10:00 am		Lunch service 11:15 am
Proc Nail Clinic 1:00 pm Pinochle/Cribbage 12 pm Pinoc	Lunch service 11:15 am	Whitefish Together 9:30 am	Lunch service 11:15 am		
home 11:15 am  16 Senior Fitness 10:00 am Lunch service 11:15 am Lunch service 11:15 am Lunch service 11:15 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  17 Tai Chi 10:00 am Lunch service 11:15 am Lunch service 11:15 am Lunch service 11:15 am Craft Club 12 pm  18 Senior Fitness 10:00 am Lunch service 11:15 am Craft Club 12 pm  10 Senior Fitness 10:00 am Lunch service 11:15 am	*BINGO 1:00 pm	Lunch service 11:15 am	Ladies Mahjong 11 am	tion w/ Logan Health Fall	
16 Yoga 9:30 am Senior Fitness 10:00 am Lunch service 11:15 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  22 Z2 Z3 Senior Fitness 10:00 am Senior Fitness 10:00 am Craft Club 12 pm  24 Z5 Senior Fitness 10:00 am Senior Fitness 10:00 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  30 Senior Fitness 10:00 am Lunch service 11:15 am	*Toe Nail Clinic 1:00 pm	Pinochle/Cribbage 12 pm			
Senior Fitness 10:00 am Lunch service 11:15 am Lunch service 11:15 am Lunch service 11:15 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  Lunch service 11:15 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  Lunch service 11:15 am					
Lunch service 11:15 am Lunch service 11:15 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  Lunch service 11:15 am Pinochle/Cribbage 12 pm  Lunch service 11:15 am Pinochle/Cribbage 12 pm  Lunch service 11:15 am	15	16	17	18	19
Lunch service 11:15 am Pinochle/Cribbage 12 pm  22  23  24  25  Senior Fitness 10:00 am Lunch service 11:15 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  25  Senior Fitness 10:00 am Lunch service 11:15 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  26  27  28  Senior Fitness 10:00 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  29  30  Senior Fitness 10:00 am Lunch service 11:15 am Pinochle/Cribbage 12 pm  30  Senior Fitness 10:00 am Lunch service 11:15 am	Yoga 9:30 am	Senior Fitness 10:00 am	Tai Chi 10:00 am	Senior Fitness 10:00 am	Lunch service 11:15 am
Pinochle/Cribbage 12 pm  22  23  24  25  26  Lunch service 11:15 am  Lunch service 11:15 am  Lunch service 11:15 am  Pinochle/Cribbage 12 pm  26  27  28  29  30  30  Senior Fitness 10:00 am  Lunch service 11:15 am	Lunch service 11:15 am	Whitefish Together 9:30 am	Lunch service 11:15 am	Lunch service 11:15 am	Book Club 12:30 pm
Craft Club 12 pm  Craft Club 1		Lunch service 11:15 am	Ladies Mahjong 11 am		*Contra Dance 7:30 pm—
22 23 24 25 26  Yoga 9:30 am Senior Fitness 10:00 am Unch service 11:15 am Unch Service		Pinochle/Cribbage 12 pm			
Senior Fitness 10:00 am Lunch service 11:15 am  Whitefish Together 9:30 am Lunch service 11:15 am Lunch service 11:15 am  Lunch service 11:15 am  Lunch service 11:15 am  Lunch service 11:15 am  Lunch service 11:15 am  *Elder Hub Connection Table 11 am -1 pm  29  Yoga 9:30 am Lunch service 11:15 am  Whitefish Together 9:30 am Lunch service 11:15 am				Craft Club 12 pm	
Senior Fitness 10:00 am Lunch service 11:15 am  Whitefish Together 9:30 am Lunch service 11:15 am Lunch service 11:15 am  Lunch service 11:15 am  Lunch service 11:15 am  Lunch service 11:15 am  Lunch service 11:15 am  *Elder Hub Connection Table 11 am -1 pm  29  Yoga 9:30 am Lunch service 11:15 am  Whitefish Together 9:30 am Lunch service 11:15 am	22	22	24	25	26
Lunch service 11:15 am Lunch service 11:15 am Lunch service 11:15 am Lunch service 11:15 am Pinochle/Cribbage 12 pm   30 Senior Fitness 10:00 am Lunch service 11:15 am					
Lunch service 11:15 am Pinochle/Cribbage 12 pm  30 Senior Fitness 10:00 am Unch service 11:15 am Lunch service 11:15 am Lunch service 11:15 am Lunch service 11:15 am  Ladies Mahjong 11 am *Elder Hub Connection Table 11 am -1 pm  *Elder Hub Connection Table 11 am -1 pm  Lunch service 11:15 am Lunch service 11:15 am Ladies Mahjong 11 am  Ladies Mahjong 11 am  *Elder Hub Connection Table 11 am -1 pm  Ladies Mahjong 11 am  *Elder Hub Connection Table 11 am -1 pm					Lunch service 11.15 am
Pinochle/Cribbage 12 pm  11 am -1 pm  29  30 Senior Fitness 10:00 am Whitefish Together 9:30 am Lunch service 11:15 am Lunch service 11:15 am Ladies Mahjong 11 am	Lunen service 11.15 am	_			
30 31 Senior Fitness 10:00 am Tai Chi 10:00 am Unch service 11:15 am Unch service 11:15 am Ladies Mahjong 11 am			Ladies Manjong 11 am		
Yoga 9:30 am  Lunch service 11:15 am  Senior Fitness 10:00 am  Whitefish Together 9:30 am  Lunch service 11:15 am  Lunch service 11:15 am  Ladies Mahjong 11 am		r mocine/chibbage 12 pm			
Yoga 9:30 am  Whitefish Together 9:30 am  Lunch service 11:15 am  Lunch service 11:15 am  Lunch service 11:15 am	29	30	31		
Whitefish Together 9:30 am Lunch service 11:15 am Lunch service 11:15 am Ladies Mahjong 11 am	Yoga 9:30 am	Senior Fitness 10:00 am	Tai Chi 10:00 am		
Lunch service 11:15 am Ladies Mahjong 11 am	Lunch service 11:15 am				
Pinocnie/Cribbage 12 pm			Ladies Mahjong 11 am		
		Pinochie/Cribbage 12 pm			