

# The Golden Gazette

September 2023

## TIME TO SAY GOODBYE

Dear members and friends of WCC

My time here at the Center is coming to an end in September. For the last ten months I have had the pleasure and the honor of working with and for all of you. You have touched my heart and the memories of this very special time will accompany me in my journey to Switzerland.

Please come to my **ByePie Social on September 15th at 12:30pm** to send me off. In lieu of gifts, please consider a donation in my name to WCC through the Great Fish Community Challenge. Thank you!



### September 2023 Birthdays

- Jeni Dawson – Sept 1
- Amanda Vu – Sept 1
- Jennifer Gjullin – Sept 2
- Michael Free – Sept 5
- Dave Armstrong – Sept 6
- Zach Leach – Sept 7
- Don Stolte – Sept 7
- Mary Beth Blumhardt – Sept 8
- Carrie Hanson – Sept 8
- Robbin Lee – Sept 9
- Linda Smith – Sept 9
- Karen Morrell – Sept 10
- Willow Harris – Sept 16
- Suzanne Mees – Sept 17
- Karen Stanley – Sept 18
- Jane Shryock – Sept 19
- Joana Ward – Sept 20
- Danna Schultz – Sept 22
- Rebecca Scoggins – Sept 23
- Rea Warrecker – Sept 23
- Gordon Rodewald – Sept 24
- Joanie Sorenson – Sept 24
- Jacque Harris – Sept 30
- Janice Pierce – Sept 30
- Patricia Stragnola – Sept 30

### Wednesday Evening Series Caring for Aging Family Members

This series is designed to be beneficial for helping aging family members but also can be helpful for anyone planning for future needs in their own lives.

#### September 6, 5:30 pm – Paying for Care

Christine Neater, Community Outreach Coordinator for Flathead County Agency on Aging, will walk you through some of the programs available through the County that can assist and advise you with the costs of caring for a family member.

#### September 13, 5:30 pm – Legal Issues

Denise Romer is an attorney whose expertise is estate planning, wills and trusts, and probate. She will be discussing subjects that may help in answering questions you have in this often complex area.

#### September 20, 5:30 pm – Assessing Health Issues

Dr. Kenny McFadden is a retired health care provider primarily located in Whitefish. He has 46 years of experience. Dr. McFadden's specialties include Emergency Medicine, and Internal Medicine.

#### September 27, 5:30 pm – Grieving and the End of Life

Lon Eliason, gifted grief counselor, will be discussing and answering questions regarding this difficult topic to address.

A Special Thanks To

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 Open 9am to 2pm weekdays

**Tour the Solar System**  
 Presented by Linda Smith, your cosmic guide  
 September 28, 2023 at 2pm

Her high energy presentation will include spectacular NASA images from our Sun to the dwarf planet Pluto. She will elaborate on how our solar family started with a closeup view and discussion of alien worlds. This will be presented in a relaxed and immersive manner.



October's presentation: Panama Canal

- Highlights in September:**
- Ballroom Dancing, September 10, 2023, 2-5pm
  - Whitefish Together, first and third Tuesday at 9.30am
  - An evening of Cribbage, 4th Monday at 6pm
  - Great Fish Community Challenge: Fun Run, September 9th, 2023
  - Katja's ByePie Social, Sept. 15th, 12.30 pm

## September Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Lunch service 11:15 am
4 <b>CLOSED LABOR DAY</b>	5 Senior Fitness 10:00 am WF Together 9:30 am Lunch service 11:15 am Pinochle/Cribbage 1 pm	6 Tai Chi 10:00 am Lunch service 11:15 am Ladies Mahjong 1:30 pm <b>SEPTEMBER SERIES CHRISTINE NEATER 5:30 pm</b>	7 Senior Fitness 10:00 am Lunch service 11:15 am	8 Lunch service 11:15 am
11 Yoga 9:30 am Lunch service 11:15 am Bingo 1:00 pm	12 Senior Fitness 10:00 am Spanish for Toddlers 10:00 am Lunch service 11:15 am Pinochle/Cribbage 1pm	13 Tai Chi 10:00 am Lunch service 11:15 am Ladies Mahjong 1:30 <b>SEPTEMBER SERIES DENISE ROMER 5:30 pm</b>	14 Senior Fitness 10:00 am <b>Stonehenge Air Museum Outing 9:30 am</b> Lunch service 11:30 am	15 Lunch service 11:15 am <b>ByePie Social 12:30 pm</b> Book Club TBD
18 Yoga 9:30 am Lunch service 11:15 am	19 Senior Fitness 10:00 am WF Together 9:30 am Lunch service 11:15 am Pinochle/Cribbage 1 pm	20 Tai Chi 10:00 am Lunch service 11:15 am Ladies Mahjong 1:30 pm <b>SEPTEMBER SERIES DR. KENNY MCFADDEN 5:30 pm</b>	21 Senior Fitness 10:00 am Lunch service 11:15 am Members Birthday Lunch 11:15 am	22 Lunch service 11:15 am
25 Yoga 9:30 am Lunch service 11:15 am Toe Nail Clinic 1:00 pm Evening Cribbage 6:00 pm	26 Senior Fitness 10:00 am Spanish for Toddlers 10:00 am Lunch service 11:15 am Pinochle/Cribbage 1 pm	27 Tai Chi 10:00 am Lunch service 11:15 am Ladies Mahjong 1:30 <b>SEPTEMBER SERIES LON ELIASON 5:30 pm</b>	28 Senior Fitness 10:00 am Elder Hub Connection Table 11 am – 1 pm <b>Tour the Solar System - Linda Smith—2pm</b> Lunch service 11:15 am	29 Lunch service 11:15 am