

# The Golden Gazette May 2023

## New: Senior Wednesday

Do you sometimes go a bit stir crazy and are looking for some fun and companionship? Are you a caregiver to a relative that needs a little supervision? We are starting a new program at the Whitefish Community Center on May 10th and every Wednesday thereafter. We have three wonderful volunteers who will offer a different activity each week for seniors in Whitefish.

Arrive at WCC by 11 am, have lunch with us and enjoy some fun until 1:30pm (lunch costs \$4 for individuals over 60 and \$8 for those under 60). Membership at WCC is only \$25 per year! If you have questions give us a call at (406) 862-4923 and talk to Katja, our director. Consider using the Mountain Climber, free transportation for seniors, to bring you safely to the Center and back home. To schedule a ride call (406) 758-5728.



## May 2023 Birthdays

Harriet Rogers – May 1  
Sandra Carpenter – May 7  
Patrick Foley – May 7  
Kenneth Powell – May 9  
Judy Williams – May 12  
Victoria Gabaldon – May 13  
Shawn Lake – May 16  
Peggy Sebrowsky – May 16  
Val Talbot – May 16  
Susan Abell – May 17  
Richard Dugan – May 23  
Diane Grove – May 23  
Kenneth Sherper – May 26  
Lynette Hintze – May 26  
Sandra Hall – May 28  
Roger Wagner – May 28  
Shirley Jacobson – May 30  
Francis Harris – May 30

### Torta y té. Conversaciones en español

Did you learn Spanish in school? Did you live abroad at some point and learn Spanish? Did you grow up with a family who spoke/speaks Spanish? Is your Spanish rusty and need a little love? Come join us on **Monday, May 15, at 1:00 pm** for torta y té. Conversaciones en español. This is very low key with no proficiency required. It is just a good excuse to get together and enjoy each other's company.

### Volunteer Appreciation Dinner

In 2022 59 volunteers logged a total of **2606 hours!** Quite the feat.

The Center will honor our great volunteers with a catered dinner, fun games and prizes on

**Thursday, May 25, 2023  
from 4– 7 pm**

If you are a volunteer at the Center, put this date on your calendar and plan to come.

We have a fun celebration planned for you!

A Special Thanks To

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[www.WhitefishCommunityCenter.org](http://www.WhitefishCommunityCenter.org)  
 Open 9am to 2pm weekdays

**Reserve these dates:**

- Wednesday, June 21st, at 2pm, Rob Verde, Saxophone Entertainer at WCC
- Thursday, August 24th, Senior Outing to the Bibler Gardens

**Contra Dance - sponsored by Land to Hand**

*May 5th, 2023 at 7:30pm*

Live music with Grin & Bear it String Clan. Callers Mark Mathews and Mark Turbin. It's a full moon AND Cinco De Mayo!  
 Singles, couples and families are welcome as well as children 10 and up that can dance independently and follow the callers instructions. Small children need adult supervision. No experience needed, each dance is taught. Entry fees: \$10 for adults, \$5 for students - proceeds to benefit Land to Hand. Questions? Call Jean (406) 890-9448

**May Activity Calendar**

Monday	Tuesday	Wednesday	Thursday	Friday
5/1 Yoga 9:30 am Lunch service 11:15 am	5/2 Whitefish Together 9:30 am Senior Fitness 10:00 am Lunch service 11:15 am Pinochle/Cribbage 12:30 pm Karate Class 5-7 pm	5/3 Tai Chi 10 am Lunch service 11:15 am Ladies Mahjong 1:30-4pm	5/4 Senior Fitness 10:00 am Lunch service 11:15 am Karate Class 5-7 pm	5/5 Lunch service 11:15 am  Contra Dance 7:30Pm
5/8 Yoga 9:30 am Lunch service 11:15 am BINGO 1:00 pm	5/9 Senior Fitness 10:00 am Lunch service 11:15 am Pinochle/Cribbage 12:30 pm Karate Class 5-7 pm	5/10 Tai Chi 10 am SENIOR WEDNESDAY 11-1:30 pm Lunch service 11:15 am Ladies Mahjong 1:30-4pm	5/11 Senior Fitness 10:00 am Lunch service 11:15 am Karate Class 5-7 pm	5/12 Lunch service 11:15 am
5/15 Yoga 9:30 am Lunch service 11:15 am Torte y té. Conversaciones en español 1 pm	5/16 Whitefish together 9:30 am Senior Fitness 10:00 am Lunch service 11:15 am Pinochle/Cribbage 12:30 pm Karate Class 5-7 pm	5/17 Tai Chi 10 am SENIOR WEDNESDAY 11-1:30 pm Lunch service 11:15 am Ladies Mahjong 1:30-4pm	5/18 Senior Fitness 10:00 am Lunch service 11:30 am MEMBERS BIRTHDAY LUNCH 11:15 pm Karate Class 5-7 pm ANNUAL MBR MTG 7 pm	5/19 Lunch service 11:15 am Book Club 1:00 pm
5/22 Yoga 9:30 am Lunch service 11:15 am TOE NAIL CLINIC 1:00 pm Cribbage 6:00 pm	5/23 Senior Fitness 10:00 am Lunch service 11:15 am Pinochle/Cribbage 12:30 pm Karate/Self Defense Class 5-7 pm	5/24 Tai Chi 10 am SENIOR WEDNESDAY 11-1:30pm Lunch service 11:15 am Ladies Mahjong 1:30-4pm	5/25 Senior Fitness 10:00 am Lunch service 11:15 am Karate Class 5-7 pm VOLUNTEER APPRECIATION DINNER 4-7pm	5/26 Lunch service 11:15 am
5/29 <b>CLOSED MEMORIAL DAY</b>	5/30 Senior Fitness 10:00 am Lunch service 11:15 am Pinochle/Cribbage 12:30 pm Karate Class 5-7 pm	5/31 Tai Chi 10:00 am SENIOR WEDNESDAY 11-1:30 pm Ladies Mahjong 1:30 - 4 pm		