

WHITEFISH COMMUNITY CENTER GOLDEN GAZETTE



July 2011

Report on Our Popular Website

IF YOU HAVEN'T VISITED OUR WEBSITE - you don't know what your missing! All of our newsletter issues are there as well as all the events that are happening at the Center. Here are some factoids on website visitors in the past year.

- We've had 825 visits to our website.
- 719 were from the US-of-A but we've had visitors from Canada, Brazil, France and as far away as Kenya and Qatar!
- The pages that were view the most were:
 - 1.) "Home" Page
 - 2.) "Community Center" page which is updated with our latest activities
 - 3.) "About Us" page
 - 4.) "Golden Agers" page
 - 5.) "Contact Us" page rounded out the top five most viewed pages
- Average number of web pages visited: 3.28 pages.
- Average time spent on the website: 1 minute 43 seconds. (Doesn't seem like much does it?!)

If you haven't been to our website, please visit us at:

www.whitefishcommunitycenter.org

The Golden Gazette Goes Electronic

SAVE A TREE! If you'd rather not receive a printed copy of our newsletter, but would rather view it on line let us know. We won't mail you a paper copy, but we will send you an email reminder that the latest issue of the "Golden Gazette" is available on the website. Please call 862-4923 or email: whitefishcommunitycenter@montanasky.net that you want to be removed from our "paper" mailing list. Give us your email address and we'll send you a reminder when the issue is ready on-line.

IN THIS ISSUE:

Website Report.....	1
Paperless Newsletter	1
WCC Tidbits	2
Stumptown Lecture.....	3
July Menu.....	3
Activities.....	3
Birthdays.....	4

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WCC TIDBITS

Welcome to interim board member **CINDY SLYH-CURTIS** who is filling an open board seat until the elections in August. Cindy is a fill in Kitchen volunteer and also takes yoga classes at the center. She is a member of the Soroptimist of Whitefish and active in the RSVP program.

A round of applause for **CY APPEL** - our intrepid volunteer who takes such good care of our grounds, making sure the lawn is mowed and the flowers are beautiful. Your hard work and efforts do not go unnoticed!

If you have a spare walker available to donate to the Center it would be much appreciated, as we have the occasional need. Help our members and friends avoid falls and get into the Center safely. Thanks!

RIDDLE OF THE MONTH

(See page 4 for the answer)

If you built a house,
with all four sides
facing a southern
exposure, and a bear
walked past, what color
would it be?

Volunteers Needed for WCC Classes

DO YOU HAVE A TALENT you'd like to share with others? The Community Center is looking for volunteers to lead or teach classes in a variety of subjects. Ideas include: art classes of all kinds (watercolor, drawing, mixed media, batik, etc.); Beginning bridge, scrapbooking, dancing... the sky's the limit! Call Sarah at 253-6193 if you or someone you know has a talent or skill you'd like to share or teach at the Whitefish Community Center.

Tips For Improving Your Memory

TECHNIQUES FOR IMPROVING memory go as far back as ancient Greece and Rome. The same strategies that Cicero used to memorize his speeches, medieval scholars used to memorize entire books. These memory pioneers figured out that the brain is more likely to retain visual or spatial information, so if you want to remember something your best strategy is to transform it into something else so colorful, exciting and different that you can't possibly forget it.



Program Ideas Needed for Center















LET US KNOW WHAT YOU THINK! What type of programs would you like to see and participate in at the Center? Would you like to see a bridge club, bingo or some other type of activity offered at the Center? If so, speak up! Call us at 862-4923 or email: whitefishcommunitycenter@montanasky.net and let us know what activities you'd be interested in.

Quilt Raffle Tickets Available

Stop by the Whitefish Community Center to see the beautiful queen-size quilt being raffled off at the Community Center. The quilt was provided by the Stumptown Quilter's Society as a special fundraiser.



The drawing will be held sometime during the first week of October (not during Oktoberfest, as previously stated). Need not be present to win. Tickets are \$1 each or 6 tickets for \$5.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RESERVATIONS ARE REQUIRED FOR MEALS AT CONGREGATE SITES 862-4923		<i>No in the USA, shall on the grounds of race, national origin, age or sex, handicap, political beliefs or religion, be denied the benefits of or otherwise be subjected to discrimination.</i>		BATTER-DIPPED TILAPIA 1 TARTAR SAUCE MAC & CHEESE MIXED VEGETABLES ONION DILL ROLL LEMON PUDDING
CLOSED for INDEPENDENCE DAY  4	5 VEAL CUTLET MUSHROOM SAUCE WHIPPED POTATOES BUTTERED CORN BLUEBERRY MUFFIN DICED PEACHES	6 SPAGHETTI WITH MEAT SAUCE GREEN BEANS GARLIC ROLL COOKIE 	7 PORK CHOP BAKED POTATO STEWED TOMATOES PUMPERNICKEL ROLL APPLESAUCE	8 FISH FILET ON A BUN WITH CHEESE TARTAR SAUCE POTATO WEDGES PEAS/CARROTS PEACH SPICE CAKE 
TACO SALAD: 11 LETTUCE, TOMATO, ONION, CHEESE, TACO MEAT, SAUCE, SOUR CREAM NACHO CHIPS  OATMEAL COOKIE	12 BEEF STROGANOFF OVER NOODLES MIXED VEGETABLES WHOLE GRAIN ROLL JELLO WITH FRUIT	13 SALISBURY STEAM MASHED POTATOES WITH GRAVY GREAT NORTHERN BEANS OAT-N-HONEY ROLL CHERRY PARFAIT	14 BAKED CHICKEN BROWN RICE GREEN BEANS BISCUIT & JAM APRICOTS 	15 HOT PORK SANDWICH HOMEMADE GRAVY WHIPPED POTATOES PEAS CHEESECAKE 
18 MEATBALLS BROWN GRAVY HASHBROWNS CORN RYE ROLL PEARS 	19 ROAST BEEF SANDWICH ON WHEAT BREAD BARLEY SOUP POTATO SALAD BAR COOKIE 	20 ROAST PORK WITH DRESSING BAKED YAMS STEWED TOMATOES MUFFIN STRAWBERRY SHORTCAKE	21 CHEF'S SALAD LETTUCE, TURKEY, HAM, CHEESE, TOMATO, HARD BOILED EGG FRENCH ROLL  FRUIT COCKTAIL	22 CHEESEBURGER SWEET POTATO FRIES BAKED BEANS SLICED PICKLES ICE CREAM BAR 
25 GRILLED CHICKEN BREAST WILD RICE BLACKEYED PEAS DINNER ROLL APPLESAUCE 	26 PORK CHOP JOHNS ON A BUN GRILLED ONIONS MUSTARD PACK LIMA BEANS W/TOMATO BLUEBERRY COFFEECAKE	27 ROXY'S FAMOUS LIVER & ONIONS BAKED POTATO CALIFORNIA BLEND VEGGIES CROISSANT ROLL	28 SALMON BURGER CHEESY NOODLES PEAS/MUSHROOMS ONION DILL ROLL SLICED PEACHES	29 PORK FRITTER COUNTRY GRAVY WHIPPED SPUDS GREEN BEANS BRAN MUFFIN JELLO WITH FRUIT 

JOIN OUR FUN ACTIVITIES

COMMUNITY QUILTING WORKSHOP

The second Monday of every month from 10:00 a.m. - 2:00 p.m.

FREE WIRELESS, COFFEE & DONUTS

DAILY from 9:30 a.m. to 11:00 a.m.

SENIOR EXERCISE CLASS

Tuesday and Thursday 11:00 a.m. to noon

SENIOR STRETCH/YOGA CLASS

Tuesdays at 9:30 a.m.

BALANCING ACT EXERCISE CLASS

Class will resume in the fall.

MEXICAN TRAIN & PINOCHLE

Tuesday 1:00 p.m. - 3:00 p.m.

LINE DANCING

Wednesday 9:30- 11:00 a.m.

HISTORY OF WHITEFISH PROGRAM

Third Tuesday of the month at 12:30 p.m.

HISTORY OF WHITEFISH

THE JULY "HISTORY OF WHITEFISH" PROGRAM with Walter Sayre will take place on Tuesday, July 19th at 12:30 p.m. This month's topic is:

"Fireworks, Picnics and BBQs"

If you have a funny or interesting story about these all-American summer activities in Whitefish then come to this popular activity and get ready with a story or two to tell, or just listen to the stories of the past about summer activities in Whitefish. Have lunch and stay for the program!

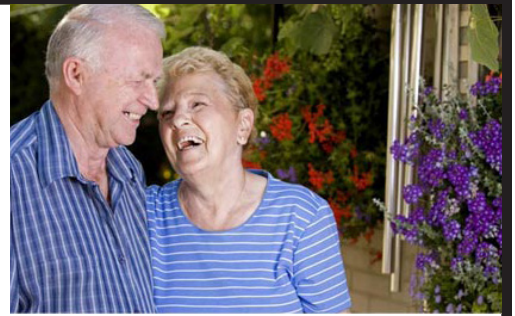


JULY BIRTHDAYS

- * Charley Abell 7/10
- * Robert Allen 7/18
- * Nan Askew 7/16
- * Janet Collins..... 7/28
- * Jessie Fauske 7/27
- * Myrna Flemming . 7/31
- * John Garlitz 7/3
- * Julie Greiner 7/19
- * Lil Judge 7/2

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RIDDLE ANSWER:

(from page 2)

White - It is the North Pole
(polar bears are white)

Do More for YOUR Whitefish Community Center

GET INVOLVED in YOUR Whitefish Community Center! If you are interested in serving on the Board, elections are coming up in August for new terms that will start September 1st. Please contact Mike Kinne or Maura if you are interested in having your name on the ballot. (Ballots will appear in the August newsletter.)

121 E. 2nd St. • Whitefish, MT 59937 • (406) 862-4923 • www.whitefishcommunitycenter.org



A Gathering Place

121 East 2nd St.
Whitefish, MT 59937